



List of Supplies Needed

Summer Polenta Recipe

General

- Recipe

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

Cooking

- Cutting mats/boards
- Knives
- Grater
- Measuring cups & measuring spoons
- Large mixing bowl
- Medium pot
- Spoon
- Stovetop

Food & Produce

- Shredded carrots
- Shredded zucchini
- Cherry tomatoes
- Fresh basil
- Olive oil
- Rice wine vinegar
- Salt
- Water
- Polenta
- Cream cheese

